

# SUMMER 2022 **NEWSLETTER**





#### **IT'S ALL ABOUT HER**

#### Morning Star's Marketing Initiative

"Ashley" came into Morning Star the day after her abortion. Ashley had been facing an unplanned pregnancy and her boyfriend was adamant that his parents couldn't know. He told her they couldn't afford it, it would ruin their lives, and the only choice they had was abortion.

He said he'd be there for her. She wouldn't be alone. They'd go through it together. So Ashley agreed.

He took her to the abortion clinic. He sat there with her as they heard other women in distress and crying. He waited for her while they performed the surgical abortion. And immediately after, within two hours, he broke up with her. He told her he just couldn't handle it. Now, Ashley was not only

grieving the loss of her baby but also the loss of her relationship with her boyfriend—the guy that was supposed to be there for her. Ashley said if she had known she would have been on her own, she might have made a different decision. But now she'll never know. Instead, she is left heartbroken and alone.

In our community, 2,582 babies were lost to abortion in 2020.\*

Women like Ashley have tremendous grief and loss surrounding abortion and miscarriage, and in many cases experience lasting health ramifications. Morning Star needs to reach women like Ashley first, before the abortion clinics do.

Thanks to our supporters, Morning Star's number one

Continued on page 8

### CELEBRATING 50 YEARS

In January of 1972, a group of concerned individuals from the Harrisburg area met to discuss the problems faced by women experiencing crisis pregnancies. By the end of the evening it was agreed there was a need for a ministry to support women seeking alternatives to abortion. Three months later, on April 1, the telephone hot line service opened—assisting women at risk for abortion in Dauphin, Perry and Cumberland Counties. Women who called Birthright were supported through friendship counseling and referral services.

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Morning Star team accepts 50-Year Award at Heartbeat International Conference

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## For all to make courageous, Life-giving choices.

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#### Mission Statement

Morning Star Pregnancy Services exists to empower people to make Life-giving choices. As a demonstration of Christ's love, we promote sexual integrity, offer material and health services, and encourage emotional and spiritual wholeness.

### **Celebrating the Past, Present and Future**

#### **Dear Morning Star Families,**

What a momentous time we live in! And what an important year for Morning Star and for you, our supporters! Not only are we celebrating Morning Star's 50-year anniversary, but we also celebrate the milestone Supreme Court decision overturning Roe v. Wade. As you know, this means that abortion will be regulated on a state level. Unfortunately, Pennsylvania is poised to continue to allow abortion, but we never give up hope that our state will one day protect all life.

Over the last five decades, Morning Star has been walking alongside mothers, fathers and their children. We were there for them before Roe v. Wade legalized abortion across the United States, and we will continue to offer Life-affirming support in our new post-Roe era.

As the abortion landscape changes, we are ready to meet the changing needs of our clients. The abortion pill currently accounts for over 50% of abortions in Pennsylvania, and in the current environment, mail-order abortion is becoming more easily accessible. Morning Star is preparing to reach and serve more clients and to continue to provide them with the essential Life-saving services they need.

Classes and Workshops. Unfiltered-Truth's programs empower youth to avoid high-risk behaviors and develop healthy relationships that set them up for a successful future. Our Live Connected workshops for first-time and expectant mothers help clients to become the best version of themselves as they journey through life. (Read more on page 3.)

Fatherhood Program. A father's support is crucial to a woman choosing Life for her baby. Through Morning Star's Fatherhood Program men are being counseled, encouraged



and educated on the importance of being present in the decision-making process and in supporting moms in having their babies. (View more on page 9.)

Client Marketing. Morning Star's client marketing initiative will grow our brand recognition and allow us to reach more women actively searching for abortions online. (Learn more on page 1.)

In a society where life is not always valued, our mission remains unwavering. Morning Star has stood strong for more than five decades and will continue to stand strong for generations to come because you love and support Life. Just look at our impact in 2021: Even during the pandemic, 523 moms chose Life for their babies! (See page 5 for more statistics.)

As we rejoice together over the hearts and lives saved during the last 50 years, we ask you to join us in prayer, at this momentous moment in history, so that we may reach and rescue as many lives as possible in the years ahead. \*

The Lord Jesus bless you!

Jula (lumner )



#### **CULTIVATING HEALTHY CONNECTIONS**

"It's a way to meet new people and share experiences. It's really helped me out."

"I look forward to those classes every single week."

Those are endorsements from participants in Morning Star's *Live Connected* initiative, a series of workshops for mothers and expectant moms held weekly at our Harrisburg clinic. These workshops are just one way that Morning Star strives to care for the whole person. The program encourages women in their motherhood journey by providing information to promote physical and mental wellbeing. In all, over 75 women have benefitted from the program since its inception in August of 2021.

Research indicates that healthy relationships are essential to life success. Workshops focus on improving those connections with others. Some of the topics include achieving a healthy self-image, assessing relationships, communicating effectively, conflict resolution strategies, financial literacy and understanding their cycle of fertility.

Women attending the workshops report feeling empowered about their future choices, relationships and even careers. Many attendees share that they would like to be in a committed relationship someday. Our relationship skills workshops help them understand the signs of compatibility, identify potential red

flags as well as teach them how to "break up well," when necessary. One mom revealed that there were more red flags in her previous relationship than she had ever realized.

The lessons on effective communication and conflict resolution particularly resonate with many of the women who acknowledge their own communication pitfalls. One client returned the next week and happily explained how she used the techniques she had learned in class to come to a successful resolution in a disagreement with her partner.

Another young woman identified the financial literacy lesson as a valuable tool in managing her finances. Many clients admit they don't budget well, or at all, and often don't know where their wages go at the end of the month. All participants are provided with links to well-known resources for further assistance on this topic.

Participants also express confusion over their birth control options. Morning Star educators provide an overview of the concept of fertility appreciation so they can be aware of natural options to organically space out their children.

In addition, Morning Star has an ongoing partnership with the PA Department of Education's teen parenting program called ELECT.

Morning Star educators meet with teen parents in hour-long sessions, twice a month, to discuss the *Live Connected* topics and more, specifically focusing on healthy relationships for the teen moms, dads and their children.

Morning Star knows the value and importance of offering an educational program to help our clients cultivate healthy connections in their lives and create strong legacies to pass on to their children—affecting and changing generations to come. \*

## Ways to Support Morning Star

- Sponsor our 5K run and walk and Life Saving Banquet
- Hold a Baby Bottle Blessing campaign at your church, work or school
- Return the enclosed envelope in this newsletter or go to SupportMorningStar.com to make a donation
- Join Circle of Friends monthly supporters
- Shop AmazonSmile to donate 0.5% of the purchase price to Morning Star
- Run or walk in our Shooting
  Star 5K Run and Walk for Life
- Double your gift—contact your employer's HR Department to see if they have a Matching Gift Program
- And always, we ask for you to pray for our staff, volunteers and clients



Shooting Star

September 17, 2022 | City Island Harrisburg

### **Partner with Morning Star Become a Shooting**

**Star Sponsor** 



\$10.000 - LEGACY

\$2.500 - DEFENDER

\$500 - FRIEND

\$5.000 - CHAMPION

**\$1,000 - SUPPORTER** 

To learn more about sponsorship opportunities: Call 717-734-4630 or visit SupportMorningStar.com



Morning Star is excited to come together with members of our community and celebrate our 50-year anniversary at the 2022 Shooting Star 5K Run and Walk for Life. Held at Harrisburg's City Island on Saturday, September 17, the run and walk is the second of two fundraising events Morning Star holds each year to support our no-cost services to moms, dads and families. Last year, our sponsors, runners and walkers helped to support 523 moms who chose Life for their babies!

Form a team. Join a team. Sponsor a team.

When you run or walk, when you invite friends to join your team, or when you fundraise by recruiting sponsors, you are educating our community about Morning Star's Life-saving services and you are multiplying our support! And because this event brings in needed operational funds, YOU are directly impacting our clients' lives.

#### Who can participate and make an impact?

- √ Individuals
- √ Church Groups
- √ Youth Groups

- √ Families
- √ School Groups
- √ Respect Life Groups

#### We Make it Easy:

- 1. Register at SupportMorningStar.com
- 2. Download our Fundraising Tool Kit
- 3. Create an Online Donation Page

Our 5K Run is Chip Timed!

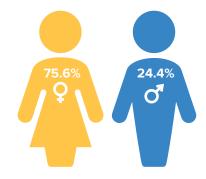
#### **Additional Family Fun:**

LIVE MUSIC PANCAKE & SAUSAGE BREAKFAST CITY ISLAND TRAIN RIDES **CAROUSEL BOUNCE HOUSE** 

## OUR IMPACT ON CENTRAL PA DURING THE PANDEMIC IN 2021







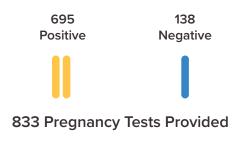
1,003 Ultrasounds Provided

**577 STI Tests** 





697 New Parents Supported with Baby Supplies





620 of 695 women who had a positive pregnancy test were at risk for abortion.

## **523 LIVES SAVED in 2021**

That's 34+ preschool classrooms filled with laughing children!



#### **CELEBRATING 50 YEARS**

(Continued from front cover)

As the organization grew, the need for an office became clear. In 1973, Birthright moved into their first location at St. James School in Steelton. It provided the team with a place to store materials and counsel clients one or two days a week.

Later, Birthright made several more moves, including to an office in the Progress Plaza. It was in this location that Birthright began providing pregnancy tests. It became apparent this service was very important to women facing unplanned pregnancies, as more women began to reach out for help.

Over the next several years we saw continued growth and in 1993, Morning Star formed as an independent ministry taking its name from Revelation 22:16.

"I, Jesus, have sent my angel to give you this testimony for the churches. I am the Root and the Offspring of David, and the bright Morning Star."—Rev. 22:16

A few years later, Morning Star had the opportunity to buy and renovate a beautiful Victorian home, located on Walnut Street in Harrisburg, and further expanded our reach by opening a second location in New Cumberland.



In the year 2000, Morning Star began offering post-abortion support to women who had experienced abortion. This same year, under the continued direction of Colleen Stauning, Executive Director, plans commenced to convert Morning

Star to a medical clinic. In two short years, Morning Star began providing ultrasounds to women considering abortion—a pivotal step in showing mothers the life growing inside them. That year Morning Star set a new record, seeing over 2,000 clients and providing 744 pregnancy tests!

As Morning Star continued to provide more ultrasounds, we also focused on sexual integrity education programs. Reaching thousands of teens in middle schools, high schools and youth groups, these programs provided and continue to give students the knowledge and support they need to make good decisions for their hearts, minds and bodies.

In May of 2005, Morning Star opened a third clinic in Middletown. This location put us in close proximity to college students at the Penn State Harrisburg campus. On the very first day, staff saw 15 women!

Year after year, Morning Star continued to expand health services, and in 2009 became the first pregnancy center in PA to offer no-cost STI testing and treatment.

In 2017, under the guidance of Executive Director Linda Plummer, Morning Star made a monumental move in the provision of ultrasounds—offering them during all hours of operation and at the very first visit. With this bold shift, Morning Star saw a 320% increase in ultrasounds from 2016-2018, and 337 babies were born to women at risk for abortion that year!

Record setting became the norm and Morning Star outgrew the space on Walnut Street. In fact, in October of 2019, Morning Star surpassed the number of clients we had seen the previous year. The staff provided over 3,600 client visits and over 1,400 ultrasounds—resulting in 575 women choosing Life for their babies, a 95% increase from 2017!

After significant prayer and consideration, Morning Star found a larger location in the City of Harrisburg. On November 16, 2020, Morning Star opened our doors to clients at 2509 N. Front Street—just one mile from Planned Parenthood. Moving to this 6,000-square-foot location allows our ministry the potential to double the number of lives saved and mothers' lives changed.

Despite the pandemic, Morning Star remained open and saw 488 women choose Life in 2020. And, in 2021, 523 babies were saved and their mothers rescued from abortion. Not only that, Morning Star forged ahead by expanding classes and workshops for moms, developing a more robust Fatherhood Program, and adding HIV to our testing protocols.

Now, in 2022, Morning Star celebrates five decades of service—our deep roots firmly planted in the community. As we commemorate Morning Star's 50th birthday, we thank our donors for their support. YOUR donations play an integral role in thousands of people celebrating birthdays each year in our community. THANK YOU for your unwavering support of Life—because doesn't every child deserve a birthday? \*

"I've seen several executive directors come in, each with their own style, and I think they all had great success at doing what they did, and we've been able to keep that continuity and growth."

Jim Zugay Esq., Board Member

## Supporting our Community for 50 Years

Over the last five decades Morning Star has seen dramatic growth, saving countless hearts and lives...

#### 1972

Founded as Birthright

#### 1993

Morning Star formed as an independent ministry

#### 1999

Opened a second clinic in New Cumberland

#### 2000

Offered first post abortion support group

#### 2002

Began providing ultrasounds to at-risk women New record set: 2,019 client visits and 744 pregnancy tests

#### 2005

Opened a third clinic in Middletown close to Penn State Harrisburg campus. Saw 15 clients on first day!

#### 2007

Implemented a sexual integrity education program in local high schools and colleges

#### 2009

Became 1st PA pregnancy center to offer no-cost STI testing

#### 2013

Total client visits: 3,635 Pregnancy tests: 1,166

#### 2016

Presented "Because you are worth it," a two-day program, to over 1,100 teens

#### 2017

Offered ultrasounds during all hours of operation

#### 2018

Increased ultrasounds by 320% from 2016 to 2018

#### 2019

3,655 client visits, 1,447 ultrasounds provided and 575 women chose Life — a 95% increase from 2017!

#### 2020

Moved Harrisburg clinic to 2509 N. Front Street Remained open during the pandemic

#### 2021

Added HIV testing and expanded Fatherhood Program









## IT'S ALL ABOUT HER MORNING STAR'S MARKETING INITIATIVE

(Continued from front cover)

competitive advantage is our no-cost services. Women who are actively searching for abortion are able to make convenient online appointments with Morning Star for medical pregnancy services including non-judgmental counseling, pregnancy confirmation, Lifesaving ultrasounds and STI testing and treatment.

But we need to do more—and we are! In July 2022, Morning Star kicked off our client marketing initiative to reach more women like Ashley, before they have an abortion. Our goal is to be the first place they turn for pregnancy and sexual health care. With the expertise of an outside media agency, Morning Star is strategically marketing to women ages 18-24 who are considering abortion. Our marketing initiatives in social media include Instagram, Snapchat and Facebook.

Morning Star advertisements are appearing on their phones based on the websites and apps they are visiting, keywords and searches they are doing on search engines like Google and their geographic location. And Morning Star ads are showing at the top of the search engine results pages.

Through this comprehensive digital ad campaign Morning Star will grow our community brand recognition, increase our client appointments with women strongly considering abortion, and ultimately save more hearts and lives in Central PA. \*

\*PA Dept of Health—2020 Abortion Statistics Report



## CIRCLE OF FRIENDS A SPECIAL TYPE OF GIVING

Morning Star is so thankful for our Circle of Friends monthly supporters. Circle of Friends empowers our team to move our mission forward in confidence, knowing we are securely supported as we provide essential Life-saving services to moms and dads in our community.

Circle of Friends supporters receive our exclusive *Inner Circle* newsletters in the spring and fall, giving them an inside look at what is going on in Morning Star's clinics and how their monthly support is impacting the community.



To date, Morning Star has 158 members!

Not a Circle of Friends member?

Join today: Call 717-734-4630 or go to SupportMorningStar.com.

Together, we can make an impact on Life!

## Real Alternatives Honors Morning Star

On June 7, Morning Star was honored with two awards at Real Alternatives' annual Service Providers Conference and Awards Banquet. Presented by Thomas Lang, VP of Operations, Kevin Bagatta, President and CEO, and guest speaker Rachel Campos-Duffy, Morning Star received the Founders Award for Project Women In Need and the Site of the Year Pregnancy Support Center Award.

Staff from all three of Morning
Star's clinics attended the two-day
conference. This year's conference
theme, Serving the Abortion-Minded
Woman, featured presentations on how
to reach the abortion-minded caller,
types of abortion and their risks, and
post-Roe abortion.



Pictured L to R: Thomas Lang, Kevin Bagatta, Linda Plummer (Morning Star Executive Director) and Rachel Campos-Duffy



Pictured L to R: Thomas Lang, Kevin Bagatta, Mary Grap (Morning Star Nurse Manager) and Rachel Campos-Duffy

## FATHERS MATTER PROGRAM ENCOURAGES MEN TO TAKE RESPONSIBILITY



## "I'll support you in having this baby."

This statement can be Life-saving for a baby—and Morning Star's Fatherhood Program is supporting and encouraging dads to make more of these statements every day.

Statistics show 85% of mothers who have an abortion say they would have chosen Life if the father supported them in their pregnancy. For over a year, Nurse Clinic Manager Steve Morris has been counseling fathers one-on-one. Read this Q&A Interview with Steve for an inside look on the importance of a Fatherhood Program.

## Q. Why are dads so important in the decision-making process?

**Steve:** Research has shown the presence of "dad" assures a good outcome. The mothers are more likely to receive prenatal care, the risk of stress is lowered, and more mothers experience less postpartum depression.

A father's presence is extremely influential and helpful for a mom strongly considering abortion. We hear it time and again from moms: "If he had been more involved, I would have been less likely to choose abortion." From a woman's perspective, when the dad says, "I support your choice," she hears and interprets that as 'she is on her own.' What she wants to hear is "I'm going to support you, let's do this together." It's important for me to sit

down with these dads and ask them what they are thinking and how they envision themselves in this decision-making process. I empathize with the dads in our counseling sessions, and I tell them that their opinion weighs heavily in the decision.

It's also crucial for the mom to know if he's not going to be there for her. She needs to know so she can make an informed decision and plan for other support so she can have her baby.

Many times, we find out both partners don't feel the same way. Usually one of the parents wants the abortion and the other one is either unsure or wants to keep their baby. What they don't know is that most relationships do not survive an abortion. It's extremely important they understand that.

## Q. Why is a dad's role so critical within the family nucleus?

**Steve:** Broken families are not a new problem, but in the last 50 years there has been a crisis of absent fathers in the U.S. Broken families that don't have a dad are more likely to experience poverty, drug and alcohol abuse, and incarceration. In addition, many children will not complete school. The family is more vulnerable without the father in the picture.

## Q. What is the process of counseling a father?

**Steve:** When a couple comes to Morning Star, the mom will be taken to a room for counseling. Our goal

is to take the dad out of the waiting room and into his own counseling room, thereby showing him how we value his role as a father.

My objective during our open dialogue is to assess his background. What is their situation? What is his relationship like with the mom? What resources do they have to allow them to continue this pregnancy? And what resources can we provide to make it even more possible for them to choose Life for their baby?

I am also identifying his perception of fatherhood—what he has personally experienced growing up with his own father or lack-of. We talk about the idea of fatherhood and form a more positive vision for that role to better frame the decision the couple will be making. I also emphasize he has a responsibility. There is something so fundamental for men to step up to responsibility—it just resonates with guys. I remind him that this was both of their decision in creating this child. Sometimes he doesn't like to hear it, but it hits home.

#### Q. How do dads respond to counseling?

**Steve:** They have really shared a lot! We talk about deep, personal family issues and vulnerable situations. Typically, dads don't get the same opportunity to share their thoughts as the moms. There's a lot going on in their lives and asking how they feel and what they're thinking—this is an opportunity for them to open up. For example, there was a dad in his twenties that was in a relationship with an older woman. She became pregnant and had an abortion but didn't tell him until after it was over. He told me how traumatic that was for him. He hadn't told anyone else about it, but it was really important to him to share that with me. That's the type of healing we want to encourage to provide a positive vision to move forward. \*

### **VOLUNTEERS ARE AT THE HEART OF OUR CLINICS**

#### TRIO IMPACTS LIVES IN NEW CUMBERLAND

Say "Milton Hershey" and you immediately think of Hershey Park. Say "Becky, Gen and Janet" and everyone knows you're talking about Morning Star's New Cumberland clinic. These three volunteers have been the heart of the Bridge Street location for over seven years.



Janet found Morning Star in 2012 when she was searching for a pregnancy center to donate her Pack 'n Play. "I brought it to the New Cumberland clinic and met Norma, a long-time volunteer at Morning Star," recalls Janet. "She was so happy and explained that they would give it to a family who had decided to keep their baby but had no place for their baby to sleep. We got to talking and by the end of the conversation Norma said, 'So how would you like to volunteer here?" That question turned out to be the invitation Janet needed to join Morning Star's volunteer team.

Gen joined Janet in 2014, shortly after moving into the area. Having always been active in the pro-life movement, Gen wanted to get involved with a local pregnancy center. She applied to help with clothing and baby supplies, never thinking she could be a counselor. "When I applied they really needed counselors. I didn't have the experience, but they said 'No problem, we'll give you training!' I took the training and have been a counselor for the past eight years."

In March of 2015, Becky completed the New Cumberland team and

brought with her the added benefit of a medical background. "As a recently retired hospital nurse, I wanted to keep up with my nursing skills and use them to help others. I couldn't think of a better way to do that than at Morning Star," says Becky. Even after seven years, Becky still looks forward to volunteering each week. "I really enjoy interacting with our clients and sharing information that can improve their lifestyles. With education they can make decisions for a healthier life, both physically and emotionally."

Families coming in for baby supplies also receive the same all-inclusive support. At each materials appointment counselors sit down with the mother and/or father and find out how the family is doing. "All too often, when you start asking questions, you will find out these families need a lot more help than just diapers. They may need assistance with food, furniture, bills and even housing," describes Janet. "We can give them community referrals for many of the problems they face. Morning Star wants to support every family so they are safe and healthy."



Over the last decade, Gen confirms the New Cumberland clinic is still seeing a lot of single mothers seeking assistance with needed baby supplies. However, counselors are also seeing an increase in the number of fathers coming for material appointments. Gen explains, "We see many families from other countries and the dads understand and speak English better than the moms. Counseling the fathers is a positive thing because we

know how important dads are to the family nucleus. It gives us a chance to see how we can support them, so they can in turn provide more stability for their families."

Life is a key issue for all three counselors, and volunteering is a great way to give their time to pro-life issues. It has also made them more aware of the needs of the people in their community. "We see a lot of women whose husbands aren't around, or there is no father, and they have no financial support. We wouldn't necessarily be aware of these problems on a personal level if we weren't volunteering at Morning Star," explains Janet.



Becky encourages everyone who is pro-life to get involved in some capacity. "We're always in need of patient advocates. You don't have to be a nurse or have counseling experience; you just have to love people. I think anyone can help others when you're speaking from the heart: You don't have to be an expert to do that."

With so many ways to support
Morning Star, Gen expresses her
gratitude to those that also give
financially. "Becky, Janet and I are
able to volunteer because of our
generous donors. I hope supporters
realize they are directly helping
each woman and man I counsel.
I also hope they know our clients
appreciate the services they receive
at no cost to them. It truly does make
all the difference." \*

### **2022 ANNUAL LIFE SAVING BANQUET**

**EVENT BREAKS TWO RECORDS!** 











With a record 70 sponsors, Morning Star's Annual Life Saving Banquet made history for the second year in a row—raising over \$275,000!

Nearly 500 avid pro-life supporters came together at the Penn Harris Hotel on April 28 to celebrate Morning Star's 50th anniversary and the lives saved in Central PA. Sponsors kicked off the event at a special Sponsor Reception, enjoying hors d'oeuvres, live classical music, and a meet and greet with keynote speaker Nicole C. Mullen.

By 6:00 p.m., the lobby was overflowing and ballroom doors opened to a festive atmosphere, with guests rejoicing in this year's theme: "as to a light shining in a dark place, until the day dawns and the morning star rises in your hearts." In 2 Peter 1:19, Peter calls Jesus the morning star bringing light to the world and to his people's hearts. For 50 years, Morning Star has strived to be that shining light for women facing unplanned pregnancies—giving them hope and a path to move forward in choosing Life for their babies.

After a heartfelt invocation provided by Pastor Mike Leonzo from Living Water Community Church, attendees enjoyed dinner, music and conversation with fellow prolifers. The program went into full swing with a 50th anniversary documentary of Morning Star's growth and expansion over the last five decades, which included interviews from past executive directors Colleen Stauning, Betsy Schaedler, Laura Pyne, and Pastor Bryce McMinn.

Music fans were captivated as Dove Awards recipient and Grammy Award nominated Nicole C. Mullen shared both her inspiring personal story and music videos. And after Executive Director Linda Plummer updated supporters on Morning Star's strategic marketing initiative to reach abortion-minded women in our community, Nicole brought down the house by singing "My Redeemer Lives." Receiving a standing ovation from attendees, Nicole was the perfect guest speaker to celebrate 50 years of saving lives in our community.

The Cathedral Parish of Saint Patrick's Reverend Joshua Brommer brought the banquet to a close with a beautiful benediction of Life. As banquet attendees moved to the lobby for photographs and a book signing with Nicole, supporters reflected on what we have accomplished in the past 50 years and what we will achieve together in the decades to

### **Save the Date!**

April 13, 2023
Life Saving Banquet
6:30 PM
Penn Harris Hotel



2023 Keynote Speaker

Go online to
SupportMorningStar.com
and sign up for Morning
Star Updates to receive the
announcement of our 2023
guest speaker and stay
informed on the ministry
you support!



Register for the Shooting Star 5K Run and Walk for Life & learn more about volunteer opportunities at <a href="https://www.SupportMorningStar.com">www.SupportMorningStar.com</a>



## Morning Star's HEART Program

Is your past abortion affecting you today?

Do you feel you must hide your abortion or your feelings about it?

Do you feel you are all alone with the emotional pain you are feeling?

If you are suffering from the effects of an abortion, we want you to know that there is help and there is hope. Perhaps you would just like to speak with someone who understands what you are going through. Morning Star offers individual sessions, support groups, and healing retreats.

Contact **HEART@morningstarclinics.com** or call **717-403-6330.** All inquiries are strictly confidential.

Morning Star Pregnancy Services is a tax exempt organization recognized by the Internal Revenue Service under section 501 (c)(3) of the Internal Revenue Code.

All contributions to Morning Star Pregnancy Services are tax deductible. The official registration and financial information of Morning Star Pregnancy Services may be obtained from our office by calling (717) 901-3377, or from the Pennsylvania Department of State by calling them toll-free within PA at 1-800-732-0999. Registration does not imply endorsement.