

Runners

5K REGISTRATION

Register online at SupportMorningStar.com

OR Day-of at the Carousel Pavilion, 7:00 am

5K REGISTRATION ENTRY FEE

By September 1: \$35

After September 1: \$40

Collectible shirts to all runners guaranteed until 8/20.

After 8/20, while supplies last.

Age Categories: 14 and under, 15-19, 20-29, 30-39,
40-49, 50-59, 60-69, 70+

5K AWARDS **You must be present to receive award*

- Overall top male & female runners: medals & prizes
- First place male & female runners in each age category: medals & prizes
- Second place runners: medals
- Third place runners: medals

Walkers

WALK REGISTRATION

Register online at: SupportMorningStar.com

OR Day-of at the Carousel Pavilion, 8:30 am

WALK REGISTRATION ENTRY FEE

FREE registration for walkers!

Collectible shirts to all walkers who raise at least \$35+. Enter funds raised online by 8/20 to guarantee your shirt.

After 8/20, while supplies last.

SPECIAL PRIZES AWARDED TO TOP FUNDRAISERS!



2509 N Front Street
Harrisburg, PA 17110

717-734-4630
SupportMorningStar.com



Run and Walk for HER

EMPOWER MOMS TO CHOOSE LIFE

SATURDAY
9/20/25
HARRISBURG
CITY ISLAND





Since 1972, Morning Star has been supporting women, men & families facing unplanned pregnancies.

Your support provides these services to our community at no cost:

Confidential Counseling

Pregnancy Testing

Ultrasound Examinations

STD Testing & Treatment

Abortion Pill Reversal

Fatherhood Program

Relationship & Sexual Health Education

Parenting Education Classes

Baby Clothing & Supplies

Post Abortion Support



Three Steps to Make a LIFE-SAVING DIFFERENCE



1 REGISTER TO ATTEND

Join hundreds of supporters of Life at this fun family event! **Register today at SupportMorningStar.com** and create your individual fundraising page.



2 FORM A TEAM

Form a team to make an even bigger impact on Life! Inviting others helps to educate our community about Morning Star and multiply our support!



3 FUNDRAISE FOR MORNING STAR

Whether your fundraising goal is \$648, \$250, or \$50, every dollar you raise can make a Life-saving difference! Ask your family, coworkers and church community to help you support moms, dads and families in Central PA.

SUPPORT LIFE! WIN PRIZES!

Visit us online to see our prizes for top fundraisers!

PLUS, free Campfire Mug to walkers and runners who raise \$200+!



DID YOU KNOW?

It costs Morning Star approximately \$648 to provide one mom with Life-affirming services. Help us reach our goal of \$135,000 to support 208 clients. How many moms can you support?

Event Schedule

7:00 AM	Run Registration/Check-in
8:00 AM	5K Run (Chip Timed) Live Music
8:30 AM	Walk Registration/Check-in Pancake Breakfast
9:00 AM	5K Awards Ceremony Train Rides & Kids' Zone
10:00 AM	Walk for Life
11:30 AM	Close

FREE ACTIVITIES

Train Rides, Carousel, Bounce House, Pancake Breakfast, Live Music and More!



REGISTER TODAY

View walk and run routes, register and fundraise online at SupportMorningStar.com!



FOR MORE INFORMATION AND TO REGISTER:

www.SupportMorningStar.com

Call 717-734-4630 | [f SupportMorningStar](https://www.facebook.com/SupportMorningStar)